

TRAIN FOR SUCCESS THIS SUMMER WITH THE PROS !!!!

Gary Weaver Youth Conditioning Camp

INSTRUCTORS & LECTURES

⊇ Top athletes and coaches from the professional, college, and high school levels focus on the fundamentals and theories necessary for kids to achieve their dreams in athletics and in life!

STRENGTH & CONDITIONING

⊇ Stations will be set up that will focus on speed, strength, agility, and power.
⊇ Every athlete will have an opportunity to improve their skills, learn how to develop physical strength, and understand the motivation necessary to succeed.

OFFENSIVE & DEFENSIVE DRILLS AND TECHNIQUES

⊇ Our coaching staff will emphasize fundamentals, form, and technique. Our staff will stress the perseverance, discipline, work ethic, and dedication needed to achieve one's maximum potential.

WHO IS GARY WEAVER

⊇ Former Oakland Raider and Green Bay Packer
⊇ 5th Most Unassisted Tackles since 1975 - Green Bay
⊇ NFL Defensive MVP year 1978

QUOTES FROM LAST YEARS CAMP

⊇ Players that go to Coach Weaver.s camp come in ready to play football.
⊇ I had a great time learning football skills from Coach Weaver and getting in to great football shape.
⊇ I was nervous about playing contact football, but after going through Coach Weaver.s camp I was ready to play.
⊇ I.m so glad I found the camp last year. Because my son went through the training he made the squad and played well last year. What.s even better, he wants to do it again this year.

CAMP DETAILS

Dates: June 30th . July 30th

Time: Mon . Fri, 5:00 pm . 6:30 pm

Place: Cal High Grass Field

Cost: \$275

Ages: 8 . 14 (Limited to 60 kids)

Attire: Shoes for grass, shorts/sweats, & T-shirt

For further information contact:

Gary Weaver

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